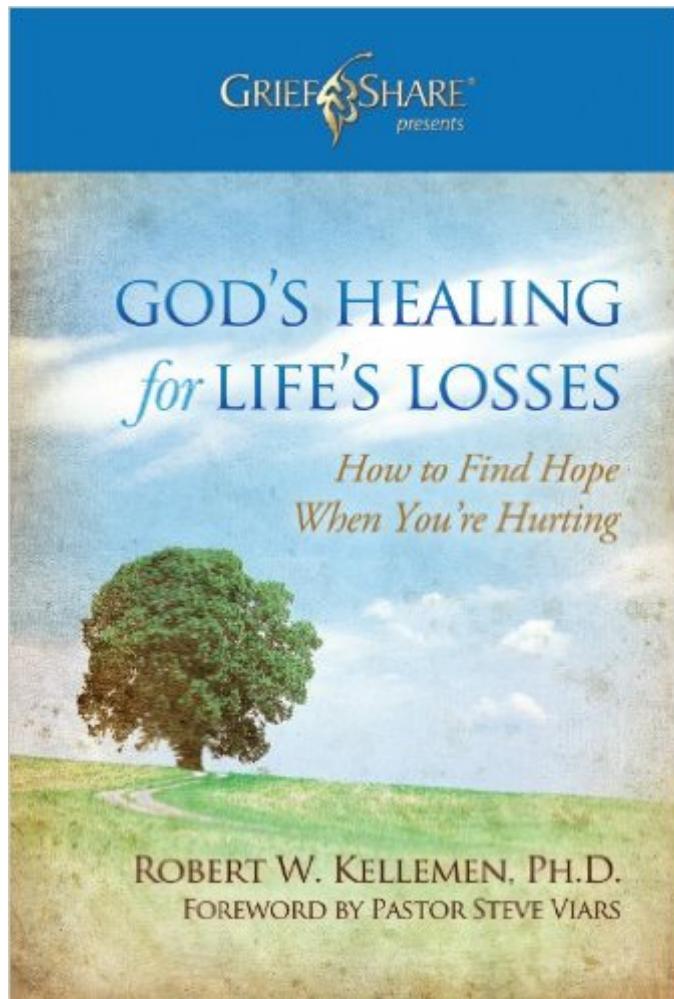


The book was found

God's Healing For Life's Losses: How To Find Hope When You're Hurting (Grief Share Presents)



ROBERT W. KELLEMEN, PH.D.
FOREWORD BY PASTOR STEVE VIARS



Synopsis

Are you ready for real and raw, honest and hopeful conversation about suffering, loss, and grief - from a Christian perspective? Here are real answers, for real people, with real struggles. When life's losses invade your world, learn how to face suffering face-to-face with God. Written in a gift book format, this book also includes two built-in application/discussion guides making it perfect for individual or group study. This is a GriefShare book.

Book Information

Series: Grief Share Presents

Hardcover: 128 pages

Publisher: BMH Books; First edition (May 25, 2010)

Language: English

ISBN-10: 0884692701

ISBN-13: 978-0884692706

Product Dimensions: 8.2 x 5.4 x 0.5 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 starsÂ Â See all reviewsÂ (22 customer reviews)

Best Sellers Rank: #181,037 in Books (See Top 100 in Books) #203 inÂ Books > Christian Books & Bibles > Christian Living > Death & Grief #264 inÂ Books > Christian Books & Bibles > Ministry & Evangelism > Counseling & Recovery #40690 inÂ Books > Religion & Spirituality

Customer Reviews

From time to time I come across a book that I want to tell my blog readers about because it makes a profound impact on my life and I think it will benefit many of you. I found such a book in God's Healing for Life's Losses: How to Find Hope When You're Hurting. This is a wonderful new book by Dr. Robert Kellemen and it is a book that I have personally been waiting for for a long time. Anyone who has experienced loss will benefit from reading and working through this gift-sized book. Bob breaks free from the standard Kubler-Ross methodology of grieving and instead takes the reader on a spiritual journey designed to help the hurting soul find healing, rest, and restoration of joy to the heart through chapters such as: * From Denial to Candor: Blessed Are Those Who Mourn * From Anger to Complaint: A Lament for Your Loss * From Bargaining to Crying Out to God: I Surrender All * From Depression to Comfort: God Comes * From Regrouping to Waiting: When God Says "Not Yet" * From Deadening to Wailing: Pregnant with Hope * From Despairing to Weaving: Spiritual Mathematics * From Digging Cisterns to Worshipping: Finding God This book addresses the topic of

Christ-like grief in a way I have not seen. It is real and raw and will help the reader to confront his or her thoughts, beliefs and desires in the period of mourning and grieving. It shoves aside the myth that Christians are not to grieve, that we are to "put on a happy face" knowing that we will see our regenerated loved ones again.I personally worked through the Grief and Growth exercise questions and kept the Journal as part of my healing process in the loss of my beloved Mom.

GOD'S HEALING FOR LIFE'S LOSSES may be small in size but it's packed full. As I held this little book in my hand and studied the cover, and the title I thought I knew what I'd find inside. Once I began to read, I quickly discovered this book was much more then a book on healing for life's losses. It's a book filled with knowledge, hope, love, and faith. A way of dealing with not only death but disappointment on many levels in a way that God desires.In only a little over a hundred pages this book brought to light many things. It made me realize how human, and normal I am, and how God, and being a Christian plays into it. That what we go through is "normal" but how we handle it is a choice. We can either choose the wrong way/mans way, or the right way/God's way.How do you handle trials and tribulations that come your way? Do you suffer, or do you survive? I was able to reflect back on my life and realized that early on, when I was far from God, I chose to suffer alone. Now I chose to survive. I can think of many that are still choosing to suffer.I believe this book would be an amazing tool for those stuck in suffering, and worthlessness, and despair. Those that have been struck down by addiction, or found themselves behind bars. They need to hear the good news this book has to offer.One of the many things that stuck out to me was that not only are we given permission to "complain to God" but that we should. God wants us to come to Him in ALL things. So much of what I read is exactly what I've experienced in my own life. This book puts it into words, and reaffirms what I already knew deep down. What a blessings that is.

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